

How to Back Up Mail in Thunderbird

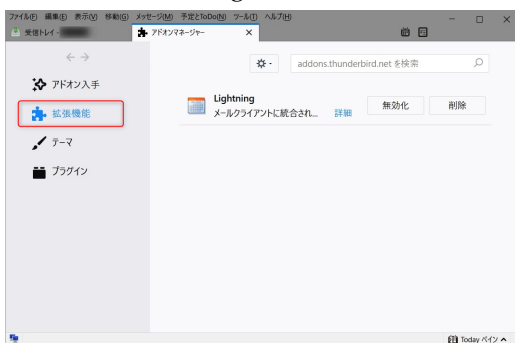
If you want to backup emails in Thunderbird receiving emails via IMAP, you can use the Thunderbird add-on "ImportExportTools NG".

How to install ImportExportTools NG

1.Start Thunderbird, and then under Tools, click Add-ons and Themes.



2.Under Add-on Manager, click Extensions.



3.Type ImportExportTools and search.



4.Click [Add to Thunderbird] in "ImportExportTools".



5. Click [Add]. When "ImportExportTools NG has been added." appears, click [OK!].

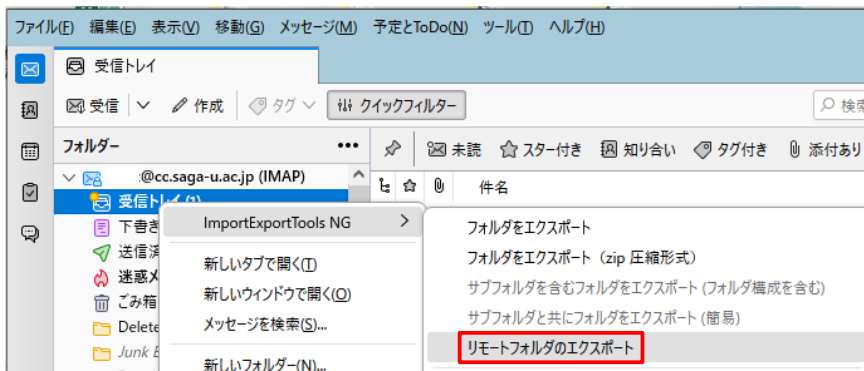


Exporting Mail Data

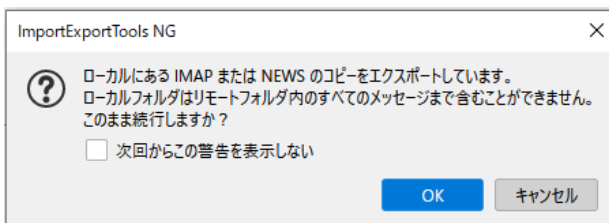
Exports (backs up) mail in the Thunderbird folder (For example, Inbox).

1. Create the destination folder in advance.

2. Start Thunderbird, right-click the folder you want to back up, and then under ImportExportTools, click Export Remote Folder.



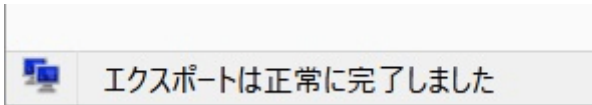
3. Click OK when the confirmation screen appears.



4. In the "Select the desired folder" screen, select the folder you created in advance and click [Select folder].

5. When the "Export completed successfully" message appears at the bottom left of the Thunderbird screen, you're done.

Exporting may take some time depending on the size of the mail.



6. Make sure that a file with the Thunderbird folder name is saved in the destination folder.

The file format of the saved folder is "mbox".